

He who knows not, and knows not that he knows not, is lost.
"Engage him"
 (Unconscious Incompetent)



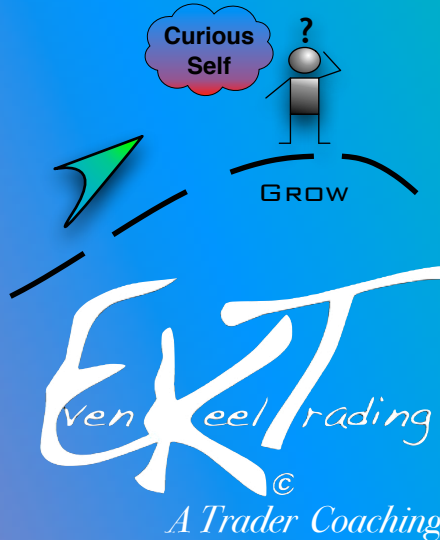
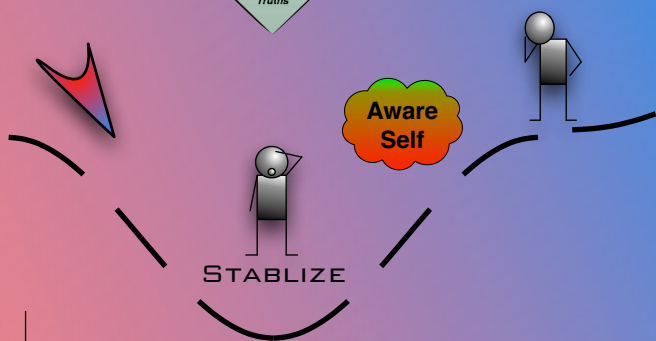
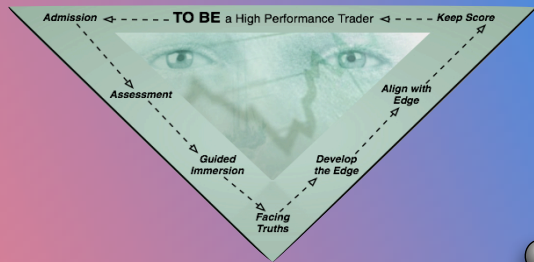
He who knows not, and knows that he knows not, is naive.
"Teach him"
 (Conscious Incompetent)



He who knows, and knows that he knows, is wise.
"Listen to him"
 (Conscious Competent)



He who knows, yet silently trusts what he knows, is rooted.
"Encourage him"
 (Unconscious Competent)



PHASE # 1 MECHANICAL 2-MONTHS

THE ROLE OF THE COACH IS TO HELP THE TRADER EXPLORE ACTIONS AND THE CONSEQUENCES OF INACTION.

PHASE # 2 SUBJECTIVE 2-MONTHS

THE COACH'S ROLE IS TO HELP THE TRADER DEVELOP LIMITED, DOABLE, NON-THREATENING GOALS THAT CAN SERVE AS A FOCUS FOR ACTION.

PHASE # 3 INTUITIVE 2-MONTHS

THE COACH'S ROLE IS TO BRING TOGETHER ANALYTICAL (LEFT BRAIN) AND INTUITIVE (RIGHT BRAIN) PROCESSES TOWARD ALIGNED EXECUTION.

<u>COMPETENCIES</u>	<u>PREVIEW</u>
EMOTIONAL MANAGEMENT	GOOGLE CALENDAR
TRADE MANAGEMENT	PRE-TRADE NARRATIVE
RISK MANAGEMENT	DAILY THOUGHT/GOAL
<u>LEARNING MATERIALS</u>	<u>REVIEW</u>
PERSONALITY ASSESSMENT	P2P STRATEGY MAP
TEXT:TRADING IN THE ZONE	DAILY DIALOGUE
PEACEFUL WARRIOR	CHALLENGE STATUS QUO
SHACKLETON'S ENDURANCE	1:1 DEEPER DIVES
EMWAVE BIOFEEDBACK	

<u>COMPETENCIES</u>	<u>PREVIEW</u>
EMOTIONAL MANAGEMENT	GOOGLE APPS
TRADE EXECUTION	PRE-TRADE NARRATIVE
PROBABILITY MINDSET	DAILY THOUGHT/GOAL
<u>LEARNING MATERIALS</u>	<u>REVIEW</u>
TEXT:THE ART OF LEARNING	SPOT INQUIRY/RESPONSE
CUSTOMIZED WEEKLY FEEDBACK	POST TRADE CHARTING/NARRATIVE
SELF REGULATION TRAINING	3X/WEEK DIALOGUE
BIWEEKLY CHALLENGES	1:1 DEEPER DIVES
DELIBERATE PRACTICE	

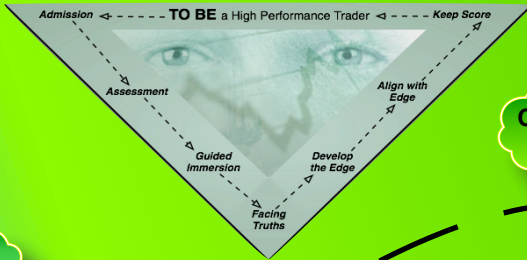
<u>COMPETENCIES</u>	<u>PREVIEW</u>
EMOTIONAL MANAGEMENT	GOOGLE APPS
STRATEGY ENHANCEMENT	PRE-TRADE NARRATIVE
RISK REFINEMENT	DAILY THOUGHT/GOAL
<u>LEARNING MATERIALS</u>	<u>REVIEW</u>
TEXT:TRADING FROM YOUR GUT	SELF-DIRECTEDNESS
CUSTOMIZED WEEKLY FEEDBACK	PART-TO-WHOLE INTEGRATION
SELF REGULATION DEVELOPMENT	2X/WEEK DIALOGUE
INCREMENTAL INCREASES *SIZE*MARKETS*LOCATION	1:1 DEEPER DIVES

(TRADER PERFORMANCE METRICS WILL BE CONTINUOUSLY REVIEWED)

A Trader Coaching Process

He who has achieved coherent and consistent success guards against ego distortions and maintains mature practice.

"Remain humble & appreciative"
(Competency in Motion)



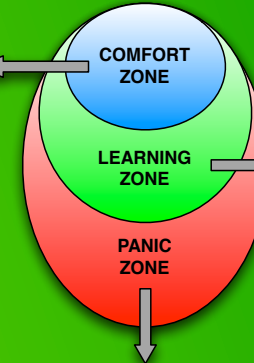
Curious Self



Descriptive Self

"If we do what we've always done we'll get what we've always gotten."
We cannot make progress in this zone because those are the activities we already do easily.

DELIBERATIVE PRACTICE



Identifying this zone is not simple, its even harder to force oneself to stay continually in it as it changes.
Deliberative practice requires defining specific target goals and activities necessary to make consistent progress.

Activities in this zone are so hard that we don't even know how to approach them.

Appreciative Self



EXPONENTIAL GROWTH



AS TRADERS WORK ON HOLDING ONTO GAINS, REHEARSING AND MAKING THEM AUTOMATIC, THE GOAL OF THE COACH IS TO PREVENT RELAPSE BY STRENGTHENING INTEGRATIVE PERFORMANCE.

Aware Self

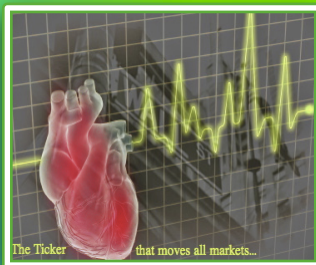


BELIEVE

PHASE #4

INTEGRATIVE

6-MONTHS



COMPETENCIES	PREVIEW
EMOTIONAL MANAGEMENT	GOOGLE APPS
BEING THE STRATEGY	PRE-TRADE NARRATIVE
MULTIPLES OF RISK	DAILY THOUGHT/GOAL
LEARNING MATERIALS	REVIEW
SELECT READINGS	INTEGRATED PERFORMANCE
SELF REGULATION REFINEMENT	1X/WEEK DIALOGUE
CUSTOMIZED WEEKLY FEEDBACK	1:1 DEEPER DIVES
OPPORTUNITY ALIGNMENT	



(TRADER PERFORMANCE METRICS WILL BE CONTINUOUSLY REVIEWED)